The Decision-making Worksheet

This worksheet is designed to provide you with the opportunity to review past decisions and then predict the outcome of future ones in light of using this formula, which is based in metaphysics on the foundation principle of the Universal Law of Attraction, and then simplified for every-day use:

<u>Motivation/Intentions = Outcome</u>
You make ALL decisions from only 1 of 2 motivations:
Fear → to avoid a negative outcome
Joy → because you love it unconditionally

Without exception the results will be simple to see:
Choices based in Fear = unfavorable, negative outcomes
Choices based in Joy = favorable, positive outcomes

Awareness of Your Past Method

The primary motivation behind selecting *anything* is approval. And 9 times out of 10 it's honestly not *your* approval you're catering to. Humans are a bundle of learned and mostly unconscious behavior patterns. Society's rules, parental instruction, a spouses' opinion or demands, and other outside influences provide the majority of guidance a person will draw upon in decision-making. They are like hidden tapes that get triggered inside of you when external circumstances set them off. But rather than psychoanalyze or dive deeply into universal law at this point, we encourage you to do this easy exercise. Do this worksheet first using decisions already made where you know the outcome or result.

The Power of Viewing History & Learning From It to Predict the Future

1. In the first column write the decision you made/action you took.
2. In the second column write the TRUE reason(s) why you did it.
3. In the third column write if that reason was based on fear or joy.
4. In the last column write the outcome. Was it positive or negative?

The power of this exercise comes when you realize that the 'public relations gremlin' in your head will not be able to lie to you about the situation any longer if you do the exercise *in writing*. The outcome from past decisions is already written in stone. And if the outcome was not positive, you are guaranteed that the largest percentage of your true intention behind taking the action was fear-based. This brings you to a wonderful opportunity inherent in the formula. You can use the worksheet and do predictive analysis for any future decisions you are considering. And if you are dishonest with yourself about why you are doing it, the outcome will give you the truth in the end.

Action/Decision	Why Would I Do It? Does it truly bring you Joy or are you trying to avoid a negative outcome?	Is this Decision based in largest percentage on Fear or Joy?	Outcome Positive or Negative

For more recommendations and resources visit: www.DenderaPublishing.com